

# Peabody Otolaryngology Visit

My Hospital Story



**Boston Children's Hospital**

September 2016

Today I am going to my Otolaryngology appointment at Boston Children's at Peabody.



I will come into the lobby on the first floor.



I will walk through the big glass doors on the left past the security desk.



I may need to wait in line to talk with someone at the front desk to let the Doctor know I am here

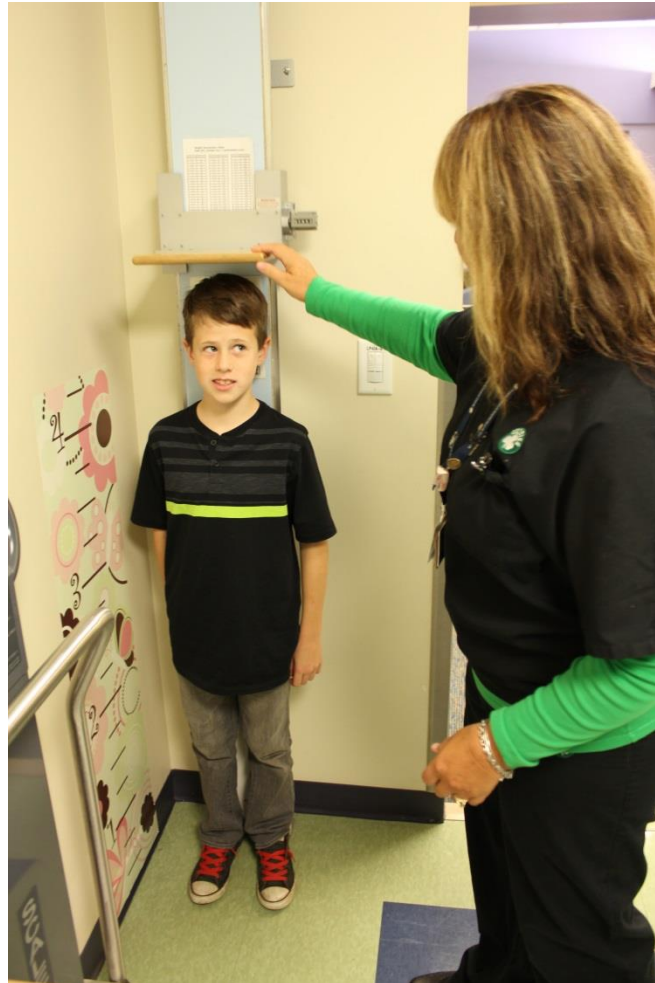




We will sit down and wait. We might wait for a few minutes, or we might wait for a long time. While I am waiting, I can read a book, check out the fish tank, or sit quietly. Mom or Dad can help me to find something to do while I wait.



When my name is called, it is our turn to walk back to a small room to check my height, weight, and temperature. I will meet a nurse in the room. The nurse will talk with me and ask me some questions, like my name and my birthday.



When we are finished in the small room we will walk to a different room.





I may need a hearing test first with the Audiologist before I see the Doctor (see Audiology story to learn more about a hearing test)

Next, we will walk to an exam room.



I can sit in a regular chair next to my Mom or Dad, I can sit on their lap, or I can sit in the big chair.





The Doctor will come in to the exam room to see me and ask me and my Mom and Dad some questions.



Then the Doctor will look in my ears and nose with a special light. I will remember to stay still.





Then the Doctor will ask me to open my mouth so he can look inside.



The doctor will finish his exam and will talk to my parent and me about my health and we will make a plan together.



Then the Doctor will say good bye. This means I am done. On the way out of the room, I can get a sticker, from the desk where we checked in, if I want to. Mom and Dad and my other friends will be proud of me for doing a good job holding still and following directions!



**Developed By:**  
**Autism Spectrum Center & Child Life Services**