

# Family Education Sheet

## Using an Ellipta Inhaler



Boston Children's Hospital  
Until every child is well™

Patient and Family Education  
www.childrenshospital.org

### How to use an Ellipta inhaler

Your child's provider has prescribed medication that is given using the Ellipta inhaler. The Ellipta inhaler can be used for 3 kinds of medicines: **Arnuity**, **Breo** and **Trelegy**.

**Note:** Clean the mouthpiece with a dry cloth only. Do **not** use water on this inhaler.



1 Wash your hands.



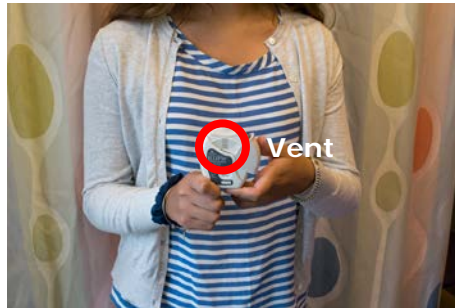
2 Put your thumb on the grooves of the inhaler cover.



3 Slide down until you hear a click.



4 Hold the inhaler under your chin and **exhale** (breathe out).



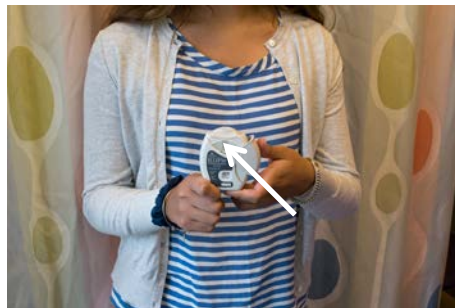
5 Do not block the air vent with your mouth or your fingers.



6 Put your lips around the mouthpiece and take a deep breath in.



7 Hold your breath for 10 seconds.



8 Put your thumb over the grooves of the inhaler cover and slide it up and over the mouthpiece to close it.



9 Rinse out your mouth. Spit.

*This Family Education Sheet is available in Spanish*