

# Urology Clinic Visit

For girls

My Hospital Story



**Boston Children's Hospital**

December 2022

Today, I'm going to a urology appointment at Boston Children's Hospital.





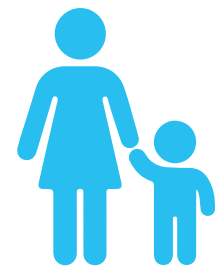
First, we'll follow the orange signs to the Hunnewell building.

Then, we'll take the elevator to the 3rd floor.

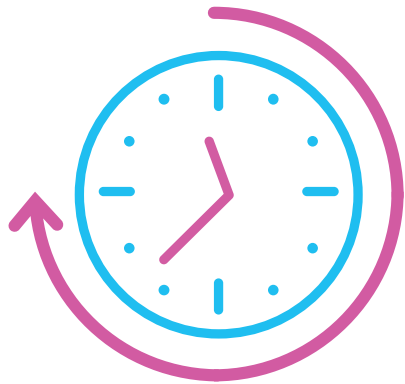




We'll walk to the front desk and stand very still while my parent says that we're here.



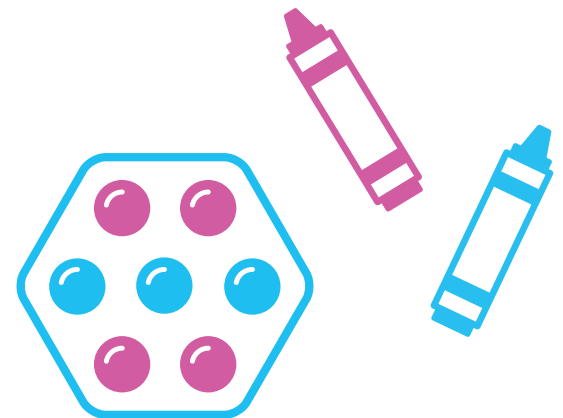
I'll sit in a chair  
and wait until my  
name is called.





I might wait for  
a short time.  
Or I might wait  
for a long time.

I can play  
quietly with a  
toy while I wait.



When it's my turn, a clinical assistant will say my name. My parent and I will walk to a new room.



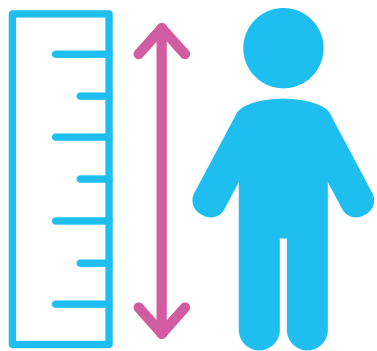


I'll stand on the scale to see how much I weigh.





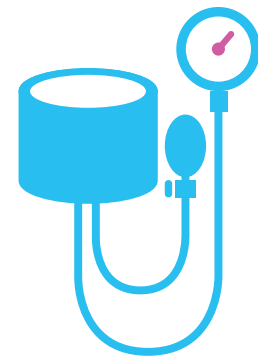
Next, they'll see how tall I am. I'll stand with my back against the wall and my eyes looking forward. A ruler will gently touch the top of my head.





I'll have my blood pressure checked. The clinical assistant will put a piece of cloth around my arm.

The cloth will feel tight, but that's OK.

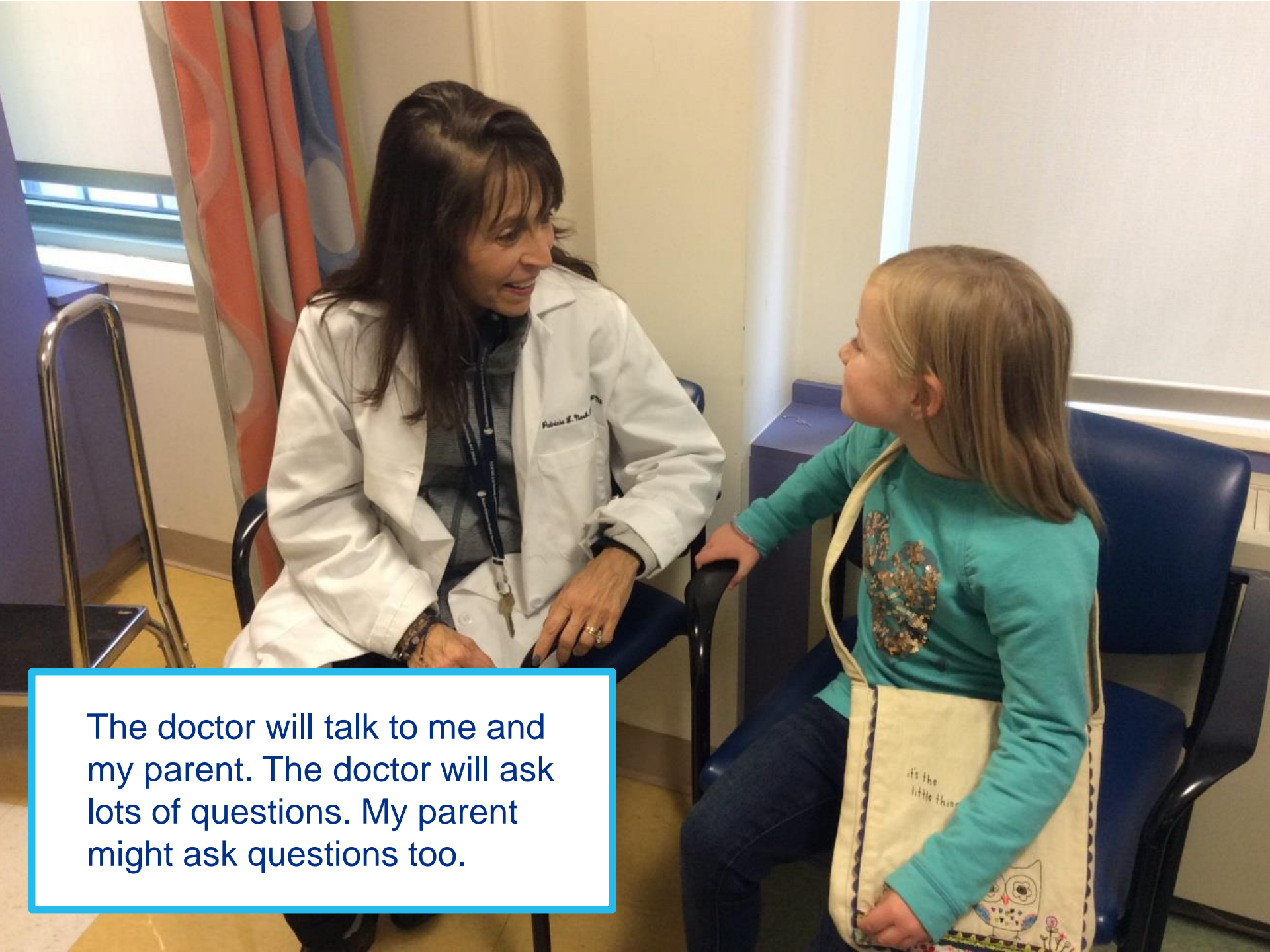


The clinical assistant might ask me to pee into a cup. This might be different, but that's OK. I can bring the cup into the bathroom to pee into.



During my visit, many things will happen. I might meet with lots of different people. First, I'll meet with a doctor in a different room. My parent will come with me.





The doctor will talk to me and my parent. The doctor will ask lots of questions. My parent might ask questions too.



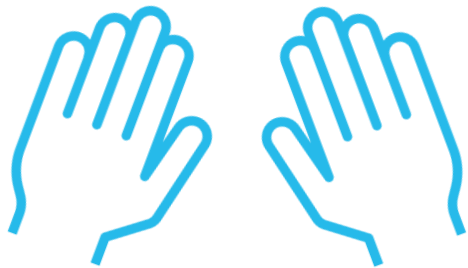
The doctor will examine me to learn more about how I'm feeling.



The doctor might ask me to walk on my heels and my toes. They might ask me to hold my arms in the air to see how strong I am.



I will lie down.  
The doctor  
might press on  
my belly with  
their hands. I  
can remember  
to keep my  
body still.





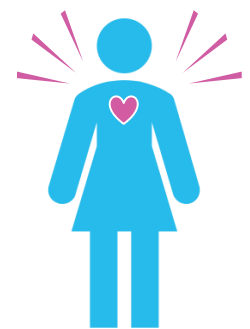


The doctor might use a special light to look at and touch the area I pee from. They'll also look at my bum. This is so they can learn how my body is working. My parent will stay with me the whole time.





The doctor will talk to my parent about ways that I can keep my body healthy.

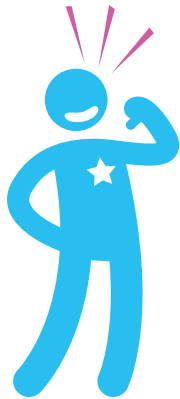


I might also meet a nurse or a social worker. I don't know who I will meet first, but I can ask my parent or the doctor "What's happening next?" if I want to know.



After my urology appointment is done, I'll go home.

Everyone will be so proud of me for doing such a great job!



## **Developed By:**

Autism Spectrum Center, Urology Clinic &  
Child Life Services